

USAM SWIM TEAM

RECORDS

Yards-Female

8 & U	25 Free	14.17	6-Dec-99	USAM AD	LORI IWANOWICZ
	50 Free	31.46	7-Mar-99	USAM AD	LORI IWANOWICZ
	100 Free	1:09.89	20-Feb-99	USAM AD	LORI IWANOWICZ
	25 Back	18.56	6-Dec-99	USAM AD	KARA ZEBROWSKI
	50 Back	39.71	8-Jan-00	USAM AD	KARA ZEBROWSKI
	25 Breast	19.32	6-Dec-99	USAM AD	LORI IWANOWICZ
	50 Breast	42.78	9-Jan-00	USAM AD	LORI IWANOWICZ
	25 Fly	17.56	20-Feb-99	USAM AD	KARA ZEBROWSKI
	50 Fly	37.41	9-Jan-00	USAM AD	KARA ZEBROWSKI
	100 IM	1:26.89	13-Mar-99	USAM AD	LORI IWANOWICZ
9-10	50 Free	28.71	6-Jan-02	USAM AD	LORI IWANOWICZ
	100 Free	1:01.85	4-Jan-02	USAM AD	LORI IWANOWICZ
	200 Free	2:22.78	6-Jan-02	USAM AD	KARA ZEBROWSKI
	50 Back	33.35	5-Jan-02	USAM AD	KARA ZEBROWSKI
	100 Back	1:11.46	6-Jan-02	USAM AD	KARA ZEBROWSKI
	50 Breast	39.09	21-Mar-92	USAM AD	ALLISON GEER
	100 Breast	1:25.83	5-Jan-02	USAM AD	LORI IWANOWICZ
	50 Fly	31.45	6-Jan-02	USAM AD	KARA ZEBROWSKI
	100 Fly	1:15.40	5-Jan-02	USAM AD	KARA ZEBROWSKI
	100 IM	1:11.82	5-Jan-02	USAM AD	KARA ZEBROWSKI
200 IM	2:40.68	4-Jan-02	USAM AD	KARA ZEBROWSKI	
11-12	50 Free	25.80	17-Mar-96	USAM AD	ALLISON GEER
	100 Free	57.34	18-Mar-94	USAM AD	ALLISON GEER
	200 Free	2:07.49	18-Mar-94	USAM AD	ALLISON GEER
	50 Back	30.06	18-Mar-94	USAM AD	ALLISON GEER
	100 Back	1:06.40	18-Mar-94	USAM AD	ALLISON GEER
	50 Breast	36.46	21-Mar-93	USAM AD	ERICA HANSEN
	100 Breast	1:20.47	9-Jan-09	USAM AD	Deirdre R. Werner at 2009 Starfish Trophy Invitational
	50 Fly	29.80	18-Mar-94	USAM AD	ALLISON GEER
	100 Fly	1:07.75	19-Mar-10	USAM AD	Zoe M. Vadney at AD Gold Short Course Championships
	100 IM	1:06.49	18-Mar-94	USAM AD	ALLISON GEER
200 IM	2:37.11	3-Jan-09	USAM AD	Deirdre R. Werner at Chris Goody IMX Challenge	
13-14	50 Free	24.88	17-Mar-96	USAM AD	ALLISON GEER
	100 Free	53.78	29-Mar-96	USAM AD	ALLISON GEER
	200 Free	2:00.14	17-Mar-96	USAM AD	ALLISON GEER
	500 Free	6:19.61	22-Nov-92	USAM AD	AIMEE MACLEOD
	1650 Free	22:36.03	23-Jan-93	USAM AD	AIMEE MACLEOD
	100 Back	1:08.96	23-Jan-93	USAM AD	JULIE GEER
	200 Back	2:38.96	7-Mar-99	USAM AD	NICOLE ZULLO
	100 Breast	1:19.17	30-Oct-05	USAM AD	Sam House Garafalo-House at Trick or Treat Meet
	200 Breast	3:06.33	21-Jan-07	USAM AD	Olivia C. Werner at Chris Goody IMX Challenge
	100 Fly	1:06.63	1-Nov-07	USAM AD	Olivia C. Werner at Girls Sec II Division 2 Championships
	200 Fly	2:46.68	21-Jan-07	USAM AD	Olivia C. Werner at Chris Goody IMX Challenge
	200 IM	2:35.10	27-Feb-09	USAM AD	Deirdre R. Werner at 2009 AD Silver Short Course Championships
	400 IM	5:41.33	21-Jan-07	USAM AD	OLIVIA WERNER
15-18	50 Free	24.87	29-Mar-96	USAM AD	ANDREA KAZANJIAN

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15-18	100 Free	53.58	13-Mar-99	USAM AD	ALLISON GEER
	200 Free	1:58.34	14-Mar-99	USAM AD	ALLISON GEER
	500 Free	5:24.52	17-Mar-96	USAM AD	LAUREN SMITH
	1650 Free	30:00.00	1-Jan-85	USAM AD	NA
	100 Back	1:02.78	12-Mar-99	USAM AD	ALLISON GEER
	200 Back	2:29.58	17-Mar-96	USAM AD	LAUREN SMITH
	100 Breast	1:16.65	14-Mar-08	USAM AD	Sam House Garafalo-House at AD Gold Short Course Championships
	200 Breast	2:48.43	21-Jan-07	USAM AD	Sam House Garafalo-House at Chris Goody IMX Challenge
	100 Fly	58.80	17-Mar-96	USAM AD	ANDREA KAZANJIAN
	200 Fly	2:19.04	17-Mar-96	USAM AD	ANDREA KAZANJIAN
	200 IM	2:28.78	9-Jan-93	USAM AD	JEN MUCCI
	400 IM	5:27.92	2-Dec-07	USAM AD	SAM HOUSE

USAM SWIM TEAM

RECORDS

Yards-Male

8 & U	25 Free	15.75	28-May-92	USAM AD	BEN ADAMS
	50 Free	34.19	18-Apr-92	USAM AD	BOBBY CROW
	100 Free	1:18.49	1-Mar-98	USAM AD	ALEX BRINGSJORD
	25 Back	19.04	14-Mar-92	USAM AD	BOBBY CROW
	50 Back	42.45	25-Oct-92	USAM AD	BOBBY CROW
	25 Breast	19.02	17-Nov-85	USAM AD	ERIC QUINLAN
	50 Breast	41.25	18-Jul-92	USAM AD	BOBBY CROW
	25 Fly	16.44	17-Nov-85	USAM AD	ERIC QUINLAN
	50 Fly	44.14	1-Mar-98	USAM AD	ALEX BRINGSJORD
	100 IM	1:24.10	18-Jul-92	USAM AD	BOBBY CROW
9-10	50 Free	30.75	18-Mar-94	USAM AD	BOBBY CROW
	100 Free	1:06.20	7-Oct-94	USAM AD	BOBBY CROW
	200 Free	2:23.14	12-Mar-94	USAM AD	BOBBY CROW
	50 Back	36.53	18-Mar-94	USAM AD	BOBBY CROW
	100 Back	1:21.28	12-Mar-94	USAM AD	BOBBY CROW
	50 Breast	36.54	16-Jul-94	USAM AD	BOBBY CROW
	100 Breast	1:18.54	16-Jul-94	USAM AD	BOBBY CROW
	50 Fly	36.29	25-Nov-00	USAM AD	A. KURUMAHMUT
	100 Fly	1:28.83	7-Jul-94	USAM AD	BOBBY CROW
	100 IM	1:17.22	16-Jul-94	USAM AD	BOBBY CROW
200 IM	2:44.40	19-Nov-93	USAM AD	BOBBY CROW	
11-12	50 Free	25.93	26-Oct-08	USAM AD	Niko Brosnihan at Trick or Treat Meet
	100 Free	58.35	26-Oct-08	USAM AD	Niko Brosnihan at Trick or Treat Meet
	200 Free	2:16.08	12-Mar-99	USAM AD	MIKE BROOMHEAD
	50 Back	30.75	26-Oct-08	USAM AD	Niko Brosnihan at Trick or Treat Meet
	100 Back	1:10.28	1-Nov-08	USAM AD	Niko Brosnihan at 2008 Ocean Blue Invitational Swim Meet
	50 Breast	34.66	12-Mar-99	USAM AD	MIKE BROOMHEAD
	100 Breast	1:18.07	12-Mar-99	USAM AD	MIKE BROOMHEAD
	50 Fly	31.10	20-Mar-93	USAM AD	ADAM TOMIAK
	100 Fly	1:09.57	18-Mar-90	USAM AD	RODOLFO PALMA
	100 IM	1:10.31	26-Oct-08	USAM AD	Niko Brosnihan at Trick or Treat Meet
200 IM	2:45.08	10-Dec-89	USAM AD	RODOLFO PALMA	
13-14	50 Free	22.99	19-Mar-10	USAM AD	Niko Brosnihan at AD Gold Short Course Championships
	100 Free	51.97	19-Mar-10	USAM AD	Niko Brosnihan at AD Gold Short Course Championships
	200 Free	2:00.11	19-Mar-10	USAM AD	Niko Brosnihan at AD Gold Short Course Championships
	500 Free	5:31.49	17-Mar-91	USAM AD	RODOLFO PALMA
	1650 Free	21:49.30	9-Jan-09	USAM AD	David Connor
	100 Back	59.55	6-Feb-10	USAM AD	Niko Brosnihan at Delmar Dolphins February Freeze Invitational
	200 Back	2:15.36	19-Mar-10	USAM AD	Niko Brosnihan at AD Gold Short Course Championships
	100 Breast	1:07.59	21-Mar-92	USAM AD	RODOLFO PALMA
	200 Breast	2:27.28	21-Feb-92	USAM AD	_____
	100 Fly	1:05.70	20-Mar-09	USAM AD	David C. Connor at AD Gold Short Course Championships
	200 Fly	3:17.91	21-Feb-86	USAM AD	RODOLFO PALMA
	200 IM	2:16.46	20-Mar-92	USAM AD	RODOLFO PALMA
	400 IM	4:57.02	16-Mar-91	USAM AD	RODOLFO PALMA
15-18	50 Free	22.66	17-Mar-95	USAM AD	KEVIN LEACH

USAM SWIM TEAM

RECORDS

15-18	100 Free	50.05	21-Mar-93	USAM AD	MATT TOMIAK
	200 Free	1:51.90	17-Mar-95	USAM AD	KEVIN LEACH
	500 Free	5:13.00	1-Mar-98	USAM AD	STEVE FINKLE
	1650 Free	19:36.08	21-Mar-93	USAM AD	KEVIN LEACH
	100 Back	1:01.12	21-Mar-92	USAM AD	MATT TOMIAK
	200 Back	2:20.05	17-Mar-96	USAM AD	BRIAN HENSEL
	100 Breast	1:06.10	20-Mar-93	USAM AD	MATT TOMIAK
	200 Breast	2:29.12	20-Mar-93	USAM AD	RODOLFO PALMA
	100 Fly	1:02.20	20-Mar-93	USAM AD	JOHN WESTBROOK
	200 Fly	2:20.25	10-Jan-93	USAM AD	RODOLFO PALMA
	200 IM	2:07.73	21-Mar-93	USAM AD	MATT TOMIAK
	400 IM	10:00.00	1-Jul-85	USAM	NA