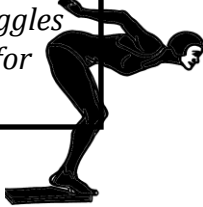




# Uncle Sam Swim Team 2011 Tryouts



Please come to the pool ready to swim (*goggles will be available for tryouts*).



September Tryout Dates: September 8, *Emma Willard School Pool*, 6 pm – 7:30 pm

**LOCATION CHANGED!!!**



Bring a copy of Birth Certificate of Swimmer and a \$65 deposit to cover insurance (non-refundable).  
Ask about 12 week Program – NEW SWIMMERS ONLY!

Uncle Sam Swim Team, a local competitive swim team since 1963, affiliated with Adirondack Swimming and USA Swimming will hold its fall/winter season at Troy High School Pool (1950 Burdett Avenue). USAM is open to all swimmers between the ages of 5 and 18. The goal of our program is to provide high-quality coaching while motivating swimmers to excel in a fun and competitive atmosphere. Swimmers are grouped based on ability. Fall/winter season runs from September through March. Masters(Adult) swimming option available.



Swimmer's competing in meets will be required to purchase a suit, cap, t-shirt package.

Cost: ~\$65 boys, ~\$75 girls

### Cost & Practice Schedule

Red Group (Developmental): \$355: M-Th 5:30-6:15

White Group (Competitive): \$403: M-Th 5:30-6:45

Blue Group (Competitive): \$418: M-Fr 6:00-7:45

Senior Group (Competitive): \$563: M-Fr 6:00-8:00, Sat TBA

**OFFICIAL START DATE MONDAY, SEPTEMBER 12.**

**Grant Scholarships available for financial need**



For more information about USAM please visit our website [www.unclesamswimteam.com](http://www.unclesamswimteam.com) You may choose to download the medical and registration forms and fill them out ahead of time to expedite your registration.

Please feel free to address questions to Rob MacLeod at: (518) 286-3678 or [headcoach@unclesamswimteam.com](mailto:headcoach@unclesamswimteam.com)